

APPENDIX D: PHOTOVOICE GUIDANCE



THE BIG PICTURE

Photovoice Guidance

Thank you for taking part in this research. 'Photovoice' is the use of photographs or images to help people to tell their story.

1. Getting started with Photovoice

We would like you to bring between **7 and 10** photographs or images to the interview which will help us understand:

What it has been like for you resisting drugs/alcohol.

OR

What it has been like for you recovering from drug/alcohol problems.



You could start by thinking about **the most important issues** (or times, events, or people, or experiences) that you would like to talk about in the interview and then find an image, or take a photograph, that represents this in some way. The image can be of the thing itself or it can symbolize it. For example, you may want to talk about the feeling that you have few options sometimes, so you could for example take a picture of a menu. If you wanted to explain the importance of time and space away from problems, you could take a picture of a quiet place that matters to you.

You could use the time between now and the interview **to notice things** in your life that you think are important to this research topic and take a picture of things as you go along. For example, you might be playing sport and realise that this really helps you - so you might take a picture of a football. You might also look through **past photographs** and this might trigger your memory about times, places, events or people that might help us understand your experience. You could choose one or two that will remind you in the interview of the kinds of issues you wanted to talk about. You can take a picture of a picture or a photo if that saves you having to print anything out.

Photovoice recognizes that an image is not the whole story, and that words sometimes aren't enough, but together the images and our interview will help give a fuller story of what things have been like for you.

2. Important boundaries

You can take a photo of a person over the age of 16 as long as you ask their permission. Please *do not* take photographs anyone under the age of 16. Instead, you can photograph something to represent them (e.g., a toy or a hoodie). Remember that if you bring an image of anything that makes the researcher concerned about your safety or the safety of others, or criminal activity, we may need to involve others who can help – but we will talk to you about this first. You can check the study information letter again for the details.

3. Photos for printing

Here are the options for sending photos to print.

			
<p>Click in your camera phone. Email them to me at least a day before the interview and I will print them out for us</p>	<p>Bring the photos in your camera phone to the interview. Photos will be printed in a portable printer on the day of the interview.</p>	<p>You can bring printed images that you already have. I will take a photo of it so we have a record in our study.</p>	<p>If you are using the disposable camera, then contact me to collect it from you to print it before the interview.</p>

We will conceal any identifying details of people or places in images before using them in a public way.

4. The interview

I will go through the consent process and ask you some general questions about yourself so that we can describe in reports the kind of people who took part (e.g., age range). Once you're ready, you will be asked to pick a picture that you would like to start with. I will listen to why that image is important to you and what you hoped it would convey. I may ask you more questions to understand your experience as best I can. Together we will move through each of the images in this way.

Feel free to get in touch if you have any questions along the way and I will help

Raginie Duara Research Fellow, working for the University of Leeds (UK) and based in Assam

Email: r.duara@leeds.ac.uk Study mobile phone (to be added)

Other details

Professor Anna Madill, Principal Investigator, University of Leeds, UK (a.i.madill@leeds.ac.uk)

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