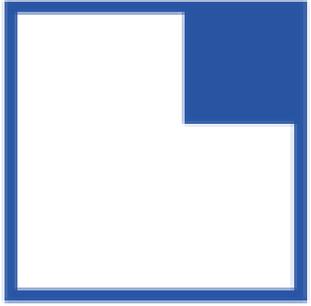


Madill, A. (2019, Feb). The Big Picture: Adapting photovoice to enhance psychological, social and cultural insights into, and prevention and treatment of, youth substance use in India. In 'Taking the Relational Seriously on Design Research: Humanistic Approaches to Technological Innovation in Health and Wellbeing'. 3rd European Congress on Qualitative Inquiry. University of Edinburgh, UK, 13-15 Feb 2019.

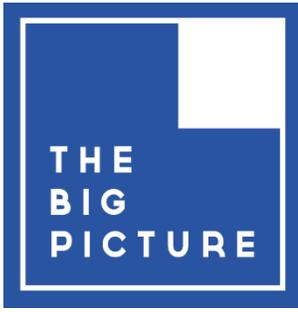


THE BIG PICTURE

Adapting photovoice to enhance psychological, social and cultural insights into, and prevention and treatment of, youth substance use in India

Professor Anna Madill, School of Psychology, University of Leeds

ESRC/AHRC Global Challenges Research Fund (Mental Health)



What do we plan to do?

Learn from two groups of young Assamese people:

- 15-18 year olds at increased risk of substance abuse but who have stayed clean.
- 19-24 year olds who have engaged successfully in drug rehabilitation.

Participants are invited to:

- bring photos to interview to convey their experience of risk, resilience & recovery.
- create a poster from their photos and to take part in film-making workshops.

Collaborate with organisations in India to:

- understand the potential of embedding visual methods in their work.
- build their mental health research and service delivery capacity.

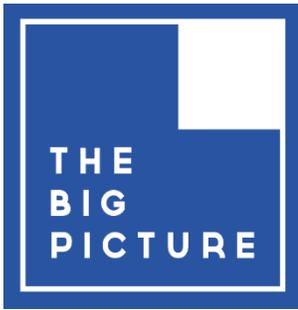
What is the inspiration for The Big Picture?

Mike Jestico: How low SES men negotiate and construct health practices.



“This is kind of a- sort of a sculpture in a way like I’ve put things together for you in this way to sort of illustrate this is sort of an illustration of my drinking.”

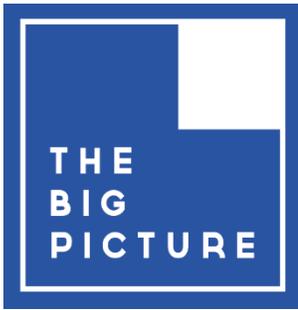
(Male, 28yrs, unemployed, alcoholic taking medication for anxiety and borderline personality disorder)



How low SES men negotiate and construct health practices

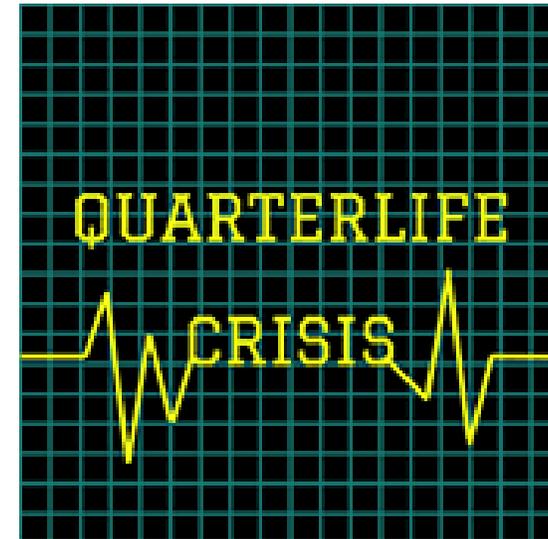
- Awareness of the everyday
 - relationships, memories, spaces, food, time.
- Beneficial activities
 - exercise, art, self-therapy.
- Moving away from risk
 - Addiction (smoking, other), no money.
- States of mind
 - seeing positives in small things, living positively with mental health, positive awareness, giving, work has benefits other than money, self development.



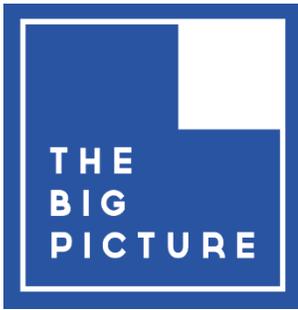


What is the inspiration for The Big Picture?

Raginie Duara: Understanding and supporting Young adults through the quarter-life crisis.

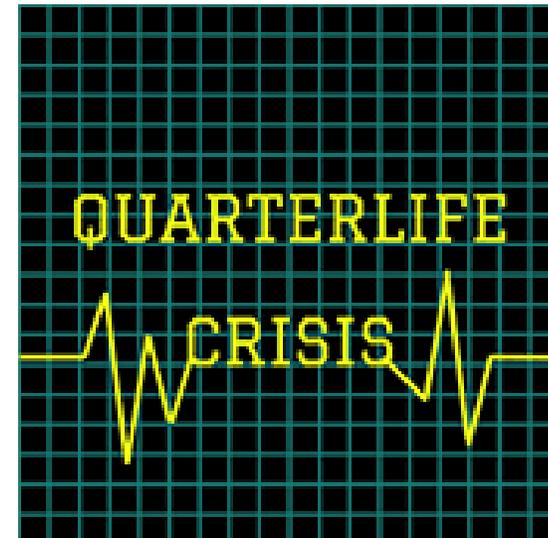


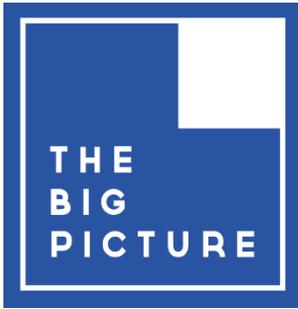
“I met these guys (points to photo) [...] We started off with weed. We ended up doing coke, LSD, Brown Sugar, everything [...] I told my mom I can’t take this anymore. So my sister my mom they took me to a counsellor”
(Assamese man, 25yrs, university-educated)



Understanding and supporting young adults through the quarter-life crisis

- 22-30 years old, self-define as experiencing difficulty finding their place in the world, 16 British (8 women, 12 university educated); 8 Assamese (4 women; 5 university educated)
- Themes:
 - Perceived standards and unfulfilled expectation
 - Becoming and knowing oneself
 - Smooth navigation and self-fulfilment
 - Forced 'adulthood'
 - Coping responses
 - Acceptance of non-linear progression
 - Optimism and momentum
 - Productivity and escapism
 - 'Triaholic' (perseverance)
 - Venting
 - Reassurance and inspiration



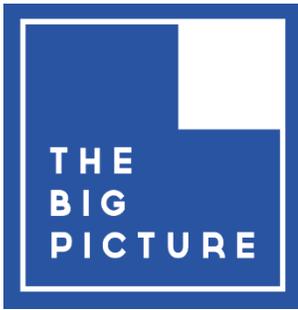


What is the inspiration for The Big Picture?

Penn Smith: Photo elicitation evaluation of a novel in-reach rehabilitation and recovery service for people with severe and enduring mental health needs.



“I needed mental health support. Not treatment, but support. I haven’t had a drink for five-and-a-half years. I haven’t had a drug for 14 years. But Buddha, and that, still love us in spirit.”
(Male, psychiatric inpatient, age bracket 51-60yrs)



Where are we now?

Project launch 18th January at the MIND India conference, Assam.
Ethical approval from Regional Institute of Mental Health. Assam.

Project Resilience website under development
<https://projectresilience.co.uk/>



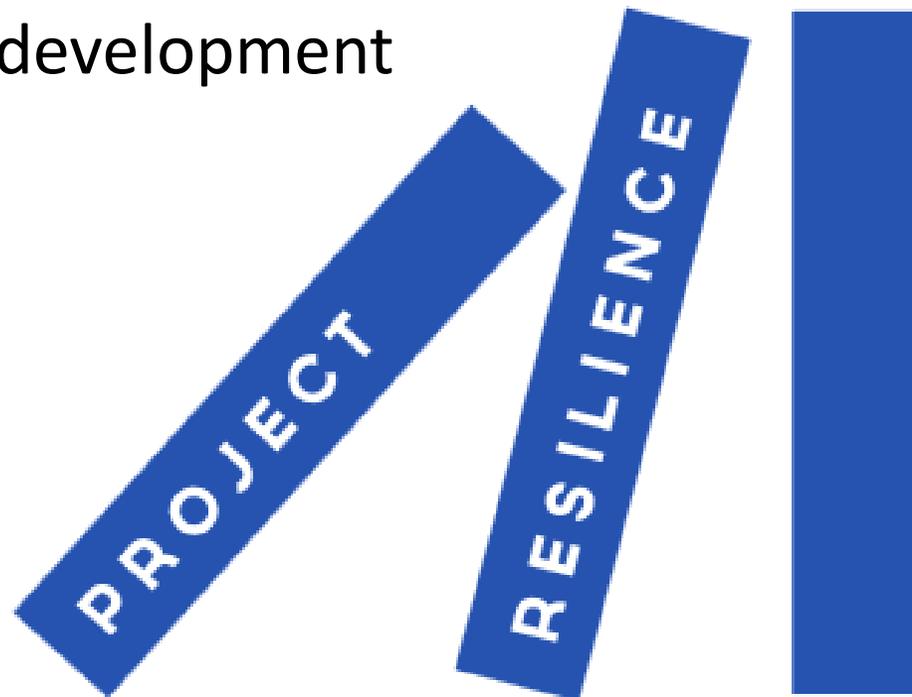
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