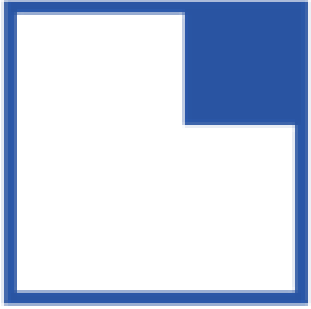


Madill, A. (Oct, 2020). Reflecting on The Big Picture: Adapting photovoice to enhance psychological, social and cultural insights into, and prevention and treatment of, youth substance use in India. Seminar.
Mary Seacole Research Centre, Faculty of Health and Life Sciences, De Montfort University



Reflecting on

THE BIG PICTURE

Adapting photovoice to enhance psychological, social
and cultural insights into, and prevention and
treatment of, youth substance use in India
(September 2018- February 2021)

Professor Anna Madill

Chair of Qualitative Inquiry

School of Psychology, University of Leeds UK



What are our aims?

The Big Picture seeks to understand the experience of young Assamese people around **risk**, **recovery** and **resilience** in relation to substance abuse and mental health.

The aims are to:

- increase knowledge
- enhance the voice of young people, and
- inform practice through impacting policy and promoting public awareness.





Who is funding this work?

Economic and Social Research Council



Arts and Humanities Research Council



Arts & Humanities
Research Council

Global Challenges Research Fund





What are we doing?

Learning from two groups of young Assamese people:

- 15-18 year olds at increased risk of substance abuse but who have stayed clean.
- 19-24 year olds who have engaged successfully in drug rehabilitation.

Participants are invited to:

- bring photos to interview to convey their experience of risk, resilience & recovery.
- create a poster from their photos and to take part in film-making workshops.

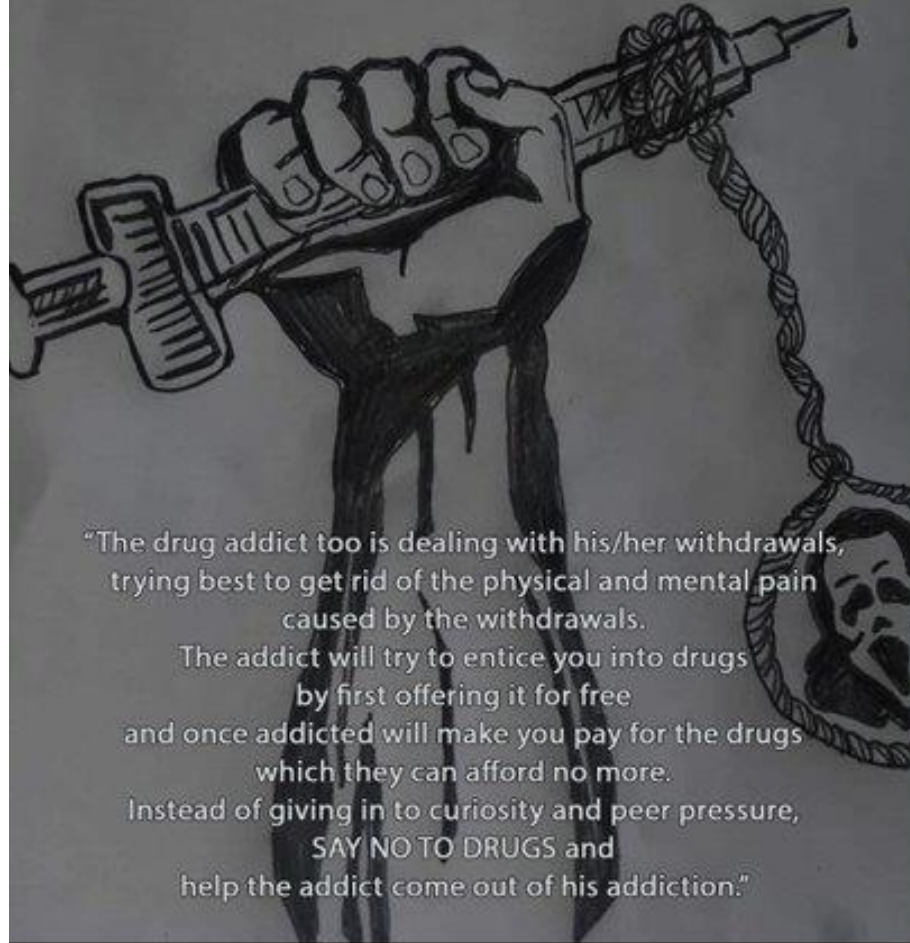
<https://filmfestivalflix.com/festival/rrff/film/a-different-path-to-recovery/>

Map research-to-policy-pathways and interview, and hold workshops with, key stakeholders involved in mental health policy and practice in Assam.

Collaborate with organisations in India to:

- understand the potential of embedding visual methods in their work.
- build their mental health research and service delivery capacity.

I didn't know I was choosing to be shackled



"The drug addict too is dealing with his/her withdrawals, trying best to get rid of the physical and mental pain caused by the withdrawals.

The addict will try to entice you into drugs by first offering it for free and once addicted will make you pay for the drugs which they can afford no more.

Instead of giving in to curiosity and peer pressure, SAY NO TO DRUGS and help the addict come out of his addiction."

Assamese man, 24 years, in successful recovery from drug addiction 2020

www.projectresilience.co.uk

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Addiction will only divert you from what really matters

A page from
my diary...



"Hey! Do you recognize me?
It's me, your life.
When I fell into your hands
I didn't look like this,
creased and shattered.
You can still fix me.
But if you resort to escapism,
I'll only get worse.

I'm still here, you know..."

Assamese man, 18 years, successfully resisting substance addiction 2019

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[UKProResilience](https://ukprojectresilience.org)





Who is involved?

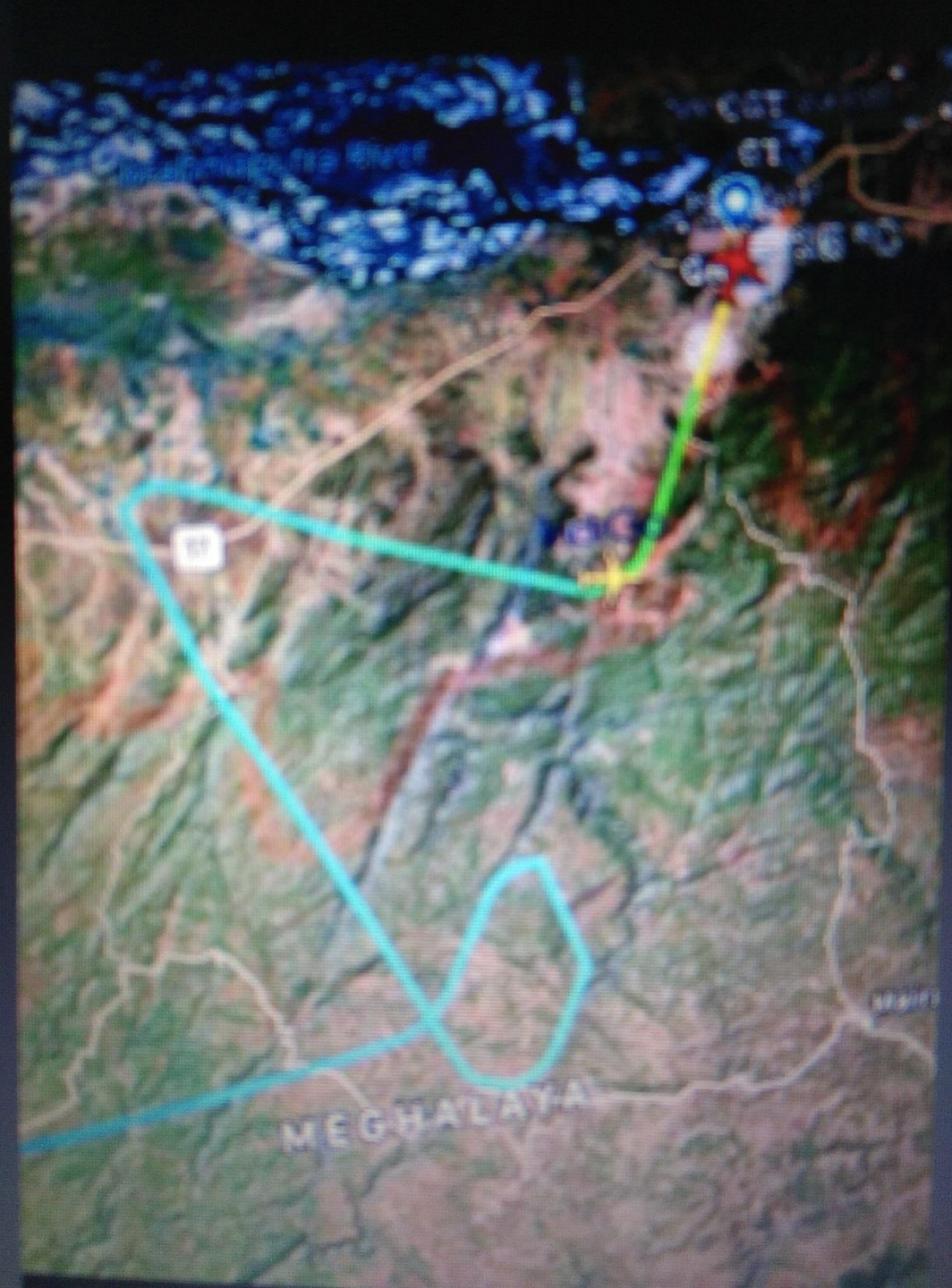
MIND India (Sangeeta Goswami), **NIRMAAN Rehabilitation Facility** (Ratul Dey), **HOPE Foundation** (Dipankar Barua).

University of Leeds (Anna Madill, Siobhan Hugh-Jones, Paul Cooke, Tolib Mirzoev)
University of Brighton (Rebecca Graber).

Research Fellow **Raginie Duara**, PhD student **Chloe Brooks**.

Advisors:

- **Diptarup Chowdhury**, **LGB Regional Institute of Mental Health**, Assam
- **J. K. Lakshmi**, **George Institute for Global Health**, Telangana
- **Kaaren Mathias**, **Emmanuel Hospital Association**, New Delhi
- **N. S. Prashanth**, **Institute of Public Health**, Bengaluru
- **Richard de Visser**, Centre for Innovation & Research in Childhood & Youth, **University of Sussex**
- **Rima Shetty**, Addictions Practitioner, **Manipal Hospital**, Bengaluru.

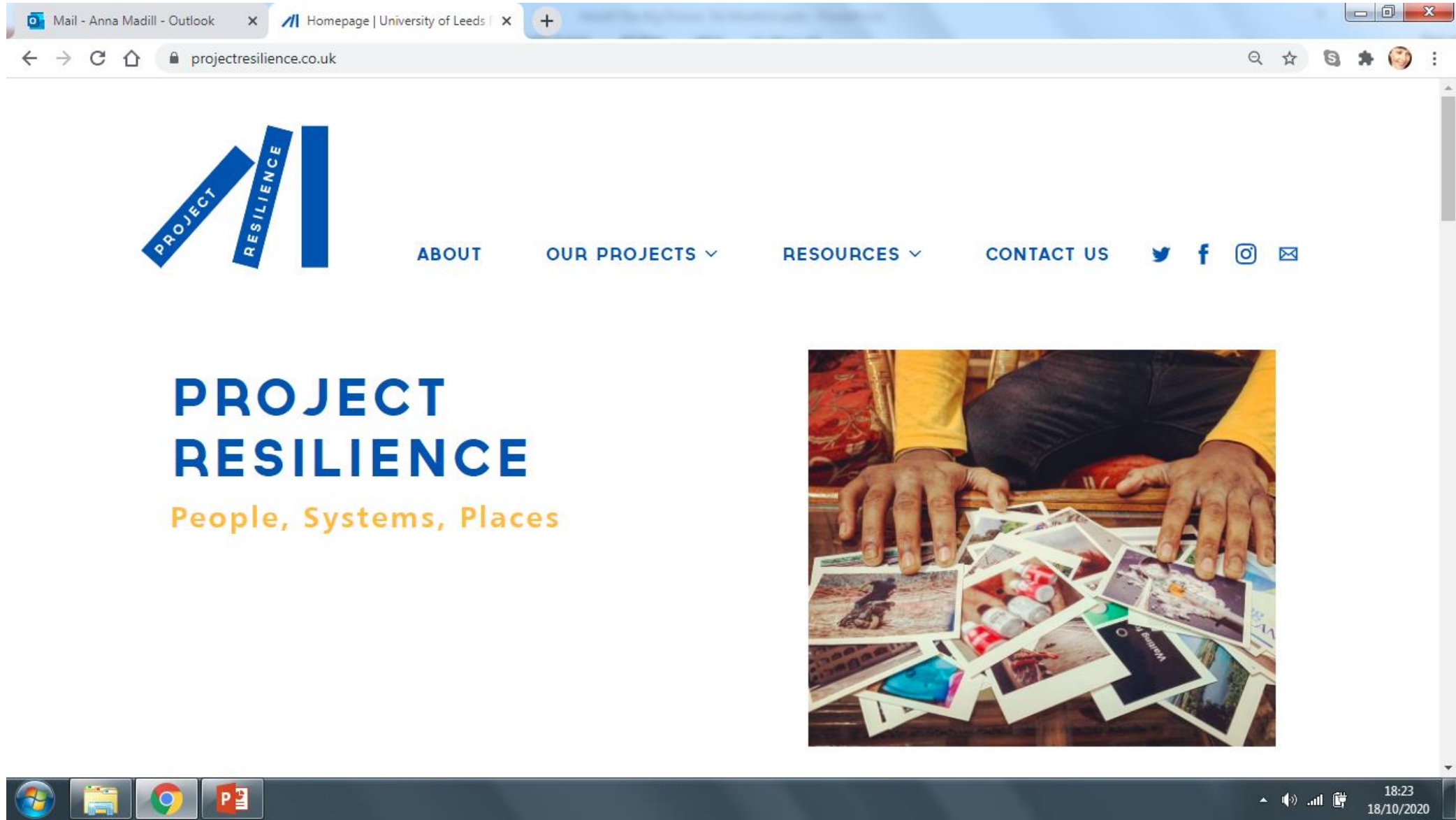








<https://projectresilience.co.uk/projects/the-big-picture/>



What is the inspiration for The Big Picture?

Our research using **visual methods**.

Mike Jestico: How low SES men negotiate and construct health practices.



“This is kind of a- sort of a sculpture in a way like I’ve put things together for you in this way to sort of illustrate this is sort of an illustration of my drinking.”

(Male, 28yrs, unemployed, alcoholic taking medication for anxiety and borderline personality disorder)



What is the inspiration for The Big Picture?

Our research using **visual methods**.

Penn Smith: Photo elicitation evaluation of a novel in-reach rehabilitation and recovery service for people with severe and enduring mental health needs.



**“I needed mental health support. Not treatment, but support.
I haven’t had a drink for five-and-a-half years.
I haven’t had a drug for 14 years. But Buddha,
and that, still love us in spirit.”**

(Male, psychiatric inpatient, age bracket 51-60yrs)

What is the inspiration for The Big Picture?

Our research using **visual methods**.

Raginie Duara: Understanding and supporting Young adults through the quarter-life crisis.



“I met these guys (points to photo) [...] We started off with weed. We ended up doing coke, LSD, Brown Sugar, everything [...] I told my mom I can’t take this anymore. So my sister my mom they took me to a counsellor”
(Assamese man, 25yrs, university-educated)



Where to now? AHRC Follow-on Funding: Arts-based peer-to-peer and community engagement

AGORA









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of knowledge for you!**





THE BIG PICTURE

Thank you for inviting me and for listening to this talk.

<https://projectresilience.co.uk/projects/the-big-picture/>

Professor Anna Madill

a.l.madill@leeds.ac.uk

