# Mainstreaming Global Mental Health: A Praxis Nexus Approach

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**Partner Organisations:** MIND India (http://www.mindindia.org/), National Institute of Mental Health & Neurosciences, India (http://nimhans.ac.in/), and Center for Public Mental Health, University of Gadjah Mada, Indonesia (https://iup.psikologi.ugm.ac.id/center-for-puclic-mental-health/).

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**Ethical approval**: Ethics Committee of the School of Psychology, University of Leeds, **PSYC-26 21.04.20**.

We are inviting a wide range of international development stakeholders to take part in a research study. To allow you to decide if you might like to participate, this information sheet explains why the research is being done and what it involves.

What is the aim of the study? Our long-term strategic aim is to accelerate global action on mental health by producing a Global Mental Health Impact Framework with potential for use in all research in developing countries. This first stage project will establish a foundation and pathway towards this aim by creating a beta version of the Impact Framework, based on arts and humanities methodologies first, ready for future testing and development across a broad range of UK Research & Innovation Global Challenges Research Fund projects.

### What does the study involve?

This study has three parts. This sheet provides information about participating in part two, i.e., an interview: (1) a scoping review of material practices and mental health activities in non-mental health focused GCRF projects funded to date; (2) one-to-one interviews of approximately one hour with about 20 international development stakeholders; and, (3) a variety of consultation and knowledge exchange workshops.

### Do I have to take part?

Taking part is entirely voluntary. If you decide to take part, you will be asked to confirm verbally at the beginning of the audio-recording conditions of consent that will be provided to you beforehand to make sure that you are happy to take part and understand the implications. Even if you agree to participate, you can change your mind at any time and without having to give a reason. You can also remove your data — which will be anonymised - from the study by e-mailing the PI (a.l.madill@leeds.ac.uk). However, we ask that, if you wish to do this, you do so within one week of participation. Please be aware that it may be impossible to withdraw your contribution once reports are accepted for publication or are in the public domain.

### Where will the research take place?

One-to-one interviews will take place over the telephone or online (e.g., Skype/e-mail) at a time convenient to you. Interviews will be conducted by the PI from a quiet and private room. Similarly, we recommend that you find a quiet and private room in which to undertake the interview in order to ensure confidentiality.

#### What will I be asked to do?

You will be asked to complete a short demographics questionnaire a few days before the interview. The questionnaire should not take longer than about 5 minutes to complete. Your demographical information will allow the interviewer to make the most effective use of your time by steering her questions towards your experience and the contexts in which you work. Demographic information will be held separately to anonymised study data and linked via unique identifiers stored in such a way that only members of the research team will be able to decode, if necessary, for audit and checking purposes.. If you choose to take part in an real-time interview, it will last approximately one hour. You will be able to reply to questions via e-mail interview questions at your convenience. You will be asked questions that will inform the development of a Global Mental Health Impact Framework with potential for use in all research in developing countries. The interview will be audio-recorded with your consent. You are not obliged to answer any question, or line of questioning, and can stop the interview at any time without having to give a reason.

### Are there any benefits to taking part?

Although we cannot promise any direct benefits to you, taking part in the interview may provide an opportunity to reflect further on your knowledge, skills and practice, and might be considered a contribution to continuing professional development.

### Are there any risks to taking part?

This study poses little or no risk. To protect your identity, audio-recordings will be stored on a password protected University of Leeds secure drive and separately from your personal information, such as your name and e-mail address, in such a way that they cannot be matched-up by anyone outside the research team. Reports of the research will need to offer some information about participants, but individuals should not be recognisable. A professional company, who will adhere to a confidentiality agreement, will type-up the audio-recordings into transcripts. These transcripts, field notes and other data will be stored on a secure drive only in anonymised form. Anonymised data will be stored by the University of Leeds for up to 5 years after the last publication from the study and will be used for this study only. Our funder requires that we lodge our anonymised data in an open access repository to allow other researchers to benefit.

### If I am interested in taking part in this study, what are the next steps?

Please e-mail the PI Anna Madill who will be happy to answer questions and, if you would you like to continue, organise the next step. If you have any complaints about being contacted or about what happens during the study, please e-mail the Chair of the University of Leeds, School of Psychology Ethics Committee Professor Graham Finlayson (g.s.finlayson@leeds.ac.uk) who will be happy to discuss what action to take.

## Thank you for taking the time to read this information sheet



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